

PREVENTION OF INDIRECT MUSCLE INJURIES IN SPORT

SPORT & INTEGRATION

Advanced Training Course WEBINAR



27 March 2021

REGISTRATION

www.sportacademyeurope.online

STRATEGICS PARTNERS



الفكرة

AlFikrah Management Consulting



www.iftolerance.net

www.ircfunviceu.net

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WEBINAR CERTIFICATION

REGISTRATION www.sportacademyeurope.online

▶ ACCREDITATION
Process



European
Qualifications
Framework



ecvet
European Credit system for
Vocational Education & Training



資歷架構
Qualifications
Framework

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INTERNATIONAL FACULTY



Dr. Layla Abloushi
United Arab Emirates



Dr. Turki Al Zahrani
Saudi Arabia



Dr. Abdulhamied Alromaithy
United Arab Emirates

UNIFUNVIC/EU



Prof. Dr. Otávio Palhari
Brasil



Prof. Antonio Imeneo
Italy

SPORT ACADEMY



Prof. Dr. Igor Lanzoni
Italy



Dr. Roberto Bichi
Belgium



Dr. Leo Bozzo
Italy



Dr. Francesco Colletta
Italy

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PROGRAM DESIGN AND EVALUATION

The program consists of 24 Learning Units plus a final Self Assessment Report (SAR)

Assessment

Attendance and participation	70 %
Final Self Assessment Report (SAR)	20%
CV Evaluation	10%

Participants are required to submit a written final **Self Assessment Report (SAR)** summarizing their won learning from the program with personal CV, for receive the Sport Academy **Diploma** with **International Accreditation (QF)**.

The report must to be submitted within 15 days from the last webinar session.

CONTACTS

INTERNATIONAL FOUNDATION for TOLERANCE UAE

Dr. Abdulhamied Alromaithy

**INTERNATIONAL FOUNDATION for TOLERANCE EUROPE
INTERNATIONAL RESEARCH CENTER UNIFUNVIC EUROPE**

Prof. Antonio Imeneo

International Board Committee

Dr. Layla Al Bloushi, Dr. Turki Al Zaharani, Dr. Abdulhamied Alromaithy

Prof. Dr. Luís Otávio Palhari, Prof. Antonio Imeneo

President Committee

Prof. Dr. Luigi Mancuso

President of the Italian Sports Medical Federation-Calabria

Director Organizing Committee

SPORT ACADEMY EUROPE

Prof. Dr. Igor Lanzoni

Dean & CEO Sport Academy, HEPA Focal Point (WHO), Expert Public Sport Authorities

Organizing Committee

Dr. Claudio Briganti, Dr. Jacopo Ceccarelli, Dr. Giulio Rattazzi, Dr. Emanuele Ruggeri

Scientific Committee

Dr. Antonio M. Corongiu, Dr. Diego Maria La Vecchia, Dr. Manuel Lucarelli

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THE LEARNING UNITS

UNIT N°	LEARNING UNITS	CREDIT
001	▶ The prevention and management of sports doping	1
002	▶ Bodies and professional figures in the fight against doping	1
003	▶ The Physical Activity in Europe International Programs & EU Best Practice	1
004	▶ Sports Psychology	1
005	▶ Prevention of sports injuries Sports and chronic diseases MID protocol	1
006	▶ Clinical case before, during and after the MID protocol	1
007	▶ The role of the visual motor system on posture	1
008	▶ The role of the vestibular and auditory system on posture	1
009	▶ The role of the dental stomatognathic system on posture	1
010	▶ Team Building in Sport	1
011	▶ Sport and disability, the relationship between man and machine	1
012	▶ Breathing in Sport	1

The **WEBINAR PROGRAM** will be **2 WEEKS** with online courses of 30m./ presentation.
Total **FRONTAL LESSONS** 12h. Each session will be 3h. in **4 LEARNING UNIT.**

THE LEARNING UNITS

UNIT N°	LEARNING UNITS	CREDIT
013	▶ Breathing in Sports	1
014	▶ Unilateral sport, athletic difficulties	1
015	▶ Prevention in combat sports	1
016	▶ Tolerance in sport	1
017	▶ Homeopathy, Kinesiology in sport	1
018	▶ Inclusion and tolerance in the new generation	1
019	▶ Health management of the athlete post lockdown covid-19 (the experience of the FC Crotone Club)	1
020	▶ Paralympic sport for the Deaf	1
021	▶ Chemical Analysis in Sport DOPING	1
022	▶ Prevention in sport in Albania	1
023	▶ Conclusion - Thesis - Final Evaluation Report	1

INTERNATIONAL SPEAKERS

PROGRAM / SPEAKERS

- 1. Prof. Dr. Luigi Mancuso** *President of the Italian Sports Medical Federation / Calabria*
The prevention and management of sports doping
- 2. Prof. Dr. Luigi Mancuso** *President of the Italian Sports Medical Federation / Calabria*
Bodies and professional figures in the fight against doping
- 3. Prof. Dr. Igor Lanzoni** *Dean Sport Academy Europe - Professor SU Univ. - HEPA Focal Point (WHO-PA)*
The Physical Activity in Europe International Programs & EU Best Practice
- 4. Dr. Turki Al Zaharani** *Saudi Arabia*
Sports Psychology
- 5. Prof. Antonio Imeneo** *President IRC UNIFUNVIC EU*
Prevention of sports injuries Sports and chronic diseases, Performance and Longevity in sport, MID protocol
- 6. Dr. Marco Forlani** *D.O. Osteopath/ IRC UNIFUNVIC Italy*
Clinical case MID Protocol
- 7. Dr. Raffaella Bandoni** *Optometrist*
The role of the visual motor system on posture
- 8. Prof. Dr. Diego Maria La Vecchia** *Dentist*
The role of the dental stomatognathic system on posture
- 9. Dr. Layla Albloushi** *UAE*
Team Building in Sport
- 10. Mr. Emiliano Malagoli** *Italian Paralympic MotoGP champion*
Sport and disability, the relationship between man and machine
- 11. Ms. Alessia Zecchini** *Freediving World record man*
Breathing in Sport

INTERNATIONAL SPEAKERS

PROGRAM / SPEAKERS

12. Dr. Alessio Foconi

Unilateral sport, athletic difficulties

World champion in fencing

13. Dr. Luciano Mazzà

Prevention in combat sports

*Board of the Italian Ju Jitsu Federation
Coach of the Italian Team Ju Jitsu*

14. Dr. Abdulhamied Alromaithy

Tolerance in Sport

UAE

15. Prof. Dr. Alessandro Cignetti

Homeopathy, Kinesiology in Sport

Dentist

16. Prof. Dr. Massimo Iera

Health management of the athlete post lockdown covid-19 (the experience of the FC Crotona Club)

Responsabile Sanitario Crotona Calcio

17. Dr. Antonio Corongiu

Paralympic sport for the Deaf

National Team Beach Volley Coach Italian Deaf Sports Federation

18. Prof. Dr. Simmoamed Kabour

Inclusion and tolerance new generation

President CONNGI, Nuovi Profili, Expert Civic Education

19. Dr. Leo Bozzo

Osteopathy and rehabilitation new approach

Osteopathic, Businessman CEO SEF Communication

20. Dr. Massimo Daves

Chemical Analysis & Sport DOPING

Analysis Chemical Laboratory Bozen Hospital

21. Dr. Ilvi Bagolli

Prevention in sport in Albania

Head of Research Center Albania

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INTERNATIONAL SPEAKERS

PROGRAM / SPEAKERS

22. Dr. Alberto Bichi

*European Union strategies,
Projects and Innovative platforms*

*Board Sport Academy Director International Relation,
General Director EPSI, Expert in European Policy and EU Organizations*

23. Dr. Francesco Colletta

The role of Education in new era

Board Sport Academy, Director Educational Programs

24. Dr. Armand Duka

The model of Albania sport Strategies and FSHF activities

President of Albania Football federation, UEFA Executive Committee

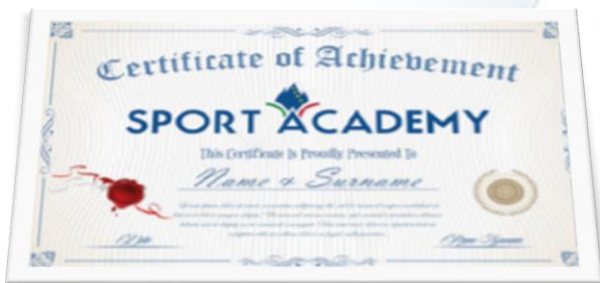
25. FINAL EVALUATION (SAR)

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INTERNATIONAL ACCREDITATION

Individual Research	40 h
Thesis Preparation	20 h
Stage <i>(companies, organization, research centre etc.)</i>	60 h
Frontal Lessons	12 h

Diploma



2 International Scholarship - Master Classes 2021 “Free of Charge”
for Students, Teachers, Managers, Athletes
(based on the assessment of the social background and analysis of the curriculum vitae)

Webinar Fee: 50\$ registration

***Diploma & International Certification + ID Card Sport Academy**

(*info@sportacademyeurope.eu)

